

Secure Email Instructions

I would like to protect your health information and so I pay for a service called hushmail.com in order for you to communicate with me via a secure email.

Unfortunately, sending secure emails is a bit more complicated. There are three important steps to receiving and sending e-mail.

- 1) Receiving a Secure Email
- 2) Retrieving a Secure Email
- 3) Replying to a Secure Email

PLEASE DO NOT SEND REGULAR EMAIL TO THIS E-MAIL ADDRESS

Receiving a Secure Email

When you receive a secure email from me it will look similar to below: The easiest way to access your message to you is to click the link within the email.



"Michael Welsh, PsyD (Secure)" <michael@doctorwelsh.com> has sent you a secure email using Hushmail. To read it, please visit the following web page:

<https://www.hushmail.com/express/ZS3D62RJU>

(Only an example - your email will contain a unique code)

Frequently Asked Questions:

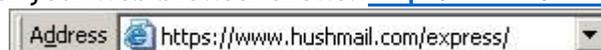
Why did I receive this email? You have received this email because you have been sent a secure email through Hushmail. To read your secure email, you must follow the link provided and correctly answer a secret question chosen by the sender.

What is a secure email? Sending a regular email is like sending a postcard - it may be read by any number of people before reaching its recipient(s). A secure email is like sending a letter in a sealed envelope - it can only be read by the sender and intended recipient(s).

Is it safe to follow the link in this email? Yes, it is safe to visit the Hushmail web site by following the link provided in this email. However, you should never open an email attachment unless you know the person who sent it, were expecting to receive the file from them, and have scanned the file for viruses.

When you arrive at the Hushmail web site, be sure to check the following:

- The address bar of your web browser shows: <https://www.hushmail.com/express/>





• A small picture of a padlock appears in the **bottom right corner** of your web browser
If you would prefer to access your message by entering its message code, please visit the following web page: <https://www.hushmail.com/express>. You will be asked to enter the following message code: ZS3D 6CJU (**Only an example**)

What is Hushmail?

Hushmail is a web-based email service that lets you send and receive email in total security using OpenPGP standard algorithms. These algorithms, combined with Hushmail's unique key management system, provide unrivalled levels of security. Hushmail's encryption is automatic, transparent, and seamless - no special computer skills are required.

How do I create a free Hushmail account?

You can create a free Hushmail account by clicking on the following link:
<https://www.hushmail.com/>

Hushmail. To read it, please visit the following web page:
<https://www.hushmail.com/express/ZS3D62RJU>

Retrieving a Secure Email

After you have either clicked the link or accessed hushmail.com through hushmail express you will be asked to answer a question.

The answer to the question will always be: **family** (all lowercase). See below.



Read your secure email

Your message has been protected using a question and answer which was created by the sender. You must correctly answer this question, word for word, to retrieve your message. You will be limited to five incorrect responses.

Question: Enter password given in instructions?

Answer:

Continue

Replying/Sending a Secure Email

You have several options to reply or send a secure email.

- 1) Reply to the original message sent. See below.
- 2) Use hushmail.com's Express email service. Click Hushmail Express on the left hand menu bar (either sign up or use their web based service. Both are free). Send the email to Michael@doctorwelsh.com.
- 3) Visit the contact page of my website www.doctorwelsh.com



Read your secure email

Reply	Print	Delete	Sign Out
<p>✓ This message is encrypted. It can only be read by the intended recipient.</p> <p>✓ This message is digitally signed. You can be sure it was written by "michael@doctorwelsh.com" <michael@doctorwelsh.com> and was not modified in transit.</p>			
<p>From: "Michael Welsh, PsyD (Secure)" <michael@doctorwelsh.com> Subject: Sample Email Sent: Saturday, December 20, 2014 To: Sample email@@yahoo.com</p> <p>Sample E-mail</p>			
<p>This message was last read on January 6, 2015 at 03:23 GMT</p> <p>* This message will be permanently deleted from our system on January 17, 2015 * For security reasons, please remember to sign out when you have finished reading your message.</p>			